**Internal CSS**

<!DOCTYPE html>

<html>

<head>

    <title>Internal CSS</title>

<style>

body {

    color:yellow;

    background-color:gray;

    }

h1   {color: blue;}

p    {color: red;}

</style>

</head>

<body>

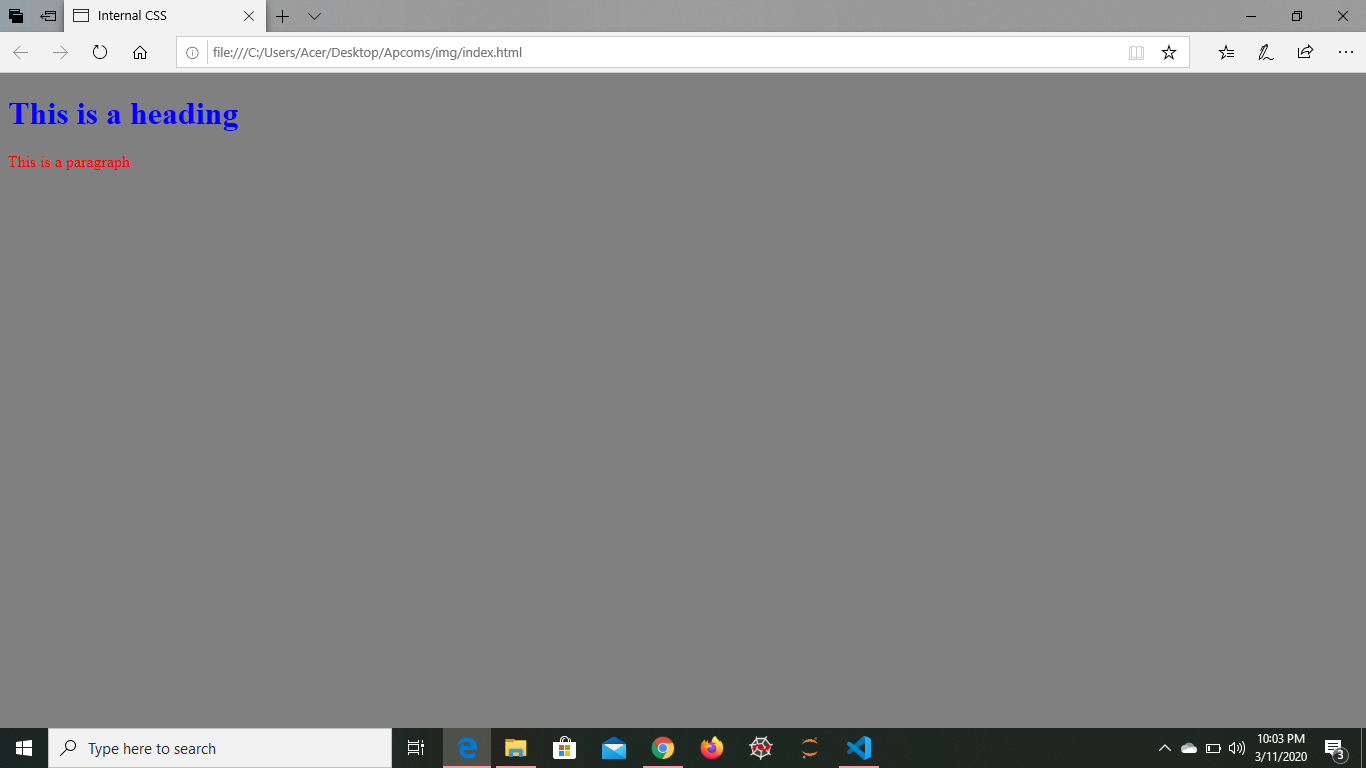
<h1>This is a heading</h1>

<p>This is a paragraph</p>

</body>

</html>

**Output:**

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